



# Coronavirus

Wash your hands with soap and water more often for 20 seconds



Palm to palm



The backs of hands



In between the fingers



The back of the fingers



The thumbs



The tips of the fingers

Use a tissue to turn off the tap.  
Dry hands thoroughly.

**CORONAVIRUS**

**PROTECT  
YOURSELF  
& OTHERS**



HM Government



# Coronavirus

**Wash your hands  
with soap and water  
more often  
for 20 seconds**

Use a tissue to turn off the tap.  
Dry hands thoroughly.



**Palm to palm**



**The backs of hands**



**In between the fingers**



**The back of the fingers**



**The thumbs**



**The tips of the fingers**

**CORONAVIRUS**

**PROTECT  
YOURSELF  
& OTHERS**